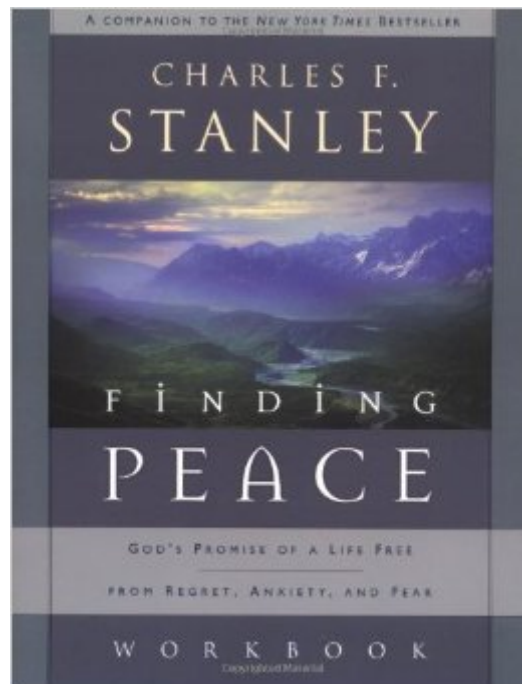


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# Finding Peace Workbook: God's Promise Of A Life Free From Regret, Anxiety, And Fear



## Synopsis

In times of crisis and confusion, Dr. Charles Stanley has learned the one phrase that can carry him through: "God, You are in control." The peace he has experienced in life stems from that foundational belief. In the Finding Peace Workbook, Dr. Stanley shares with readers how they, too, can experience an unshakeable peace which "passes all understanding." Filled with encouragement to lift the soul, the Finding Peace Workbook offers biblical insight on what causes us to live without God's peace in our lives, and how we can reverse course and open our hearts to receive it. Also, Stanley gives his perspective on the things that hinder peace-including the "Four Great Hallmarks of God's Peace" and "Five Essential Beliefs for a Peaceful Heart"-to put the important message of this book into concrete terms. Addressing regret, anxiety, and fear, Dr. Stanley extends hope for overcoming the obstacles that block peace with the Lord. Finally, he gives direction on learning to live a life of contentment.

## Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (4 customer reviews)

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## Customer Reviews

It's wasn't the right book that I ordered! But pastor Charles Stanley who I love, is one of the greater pastors in this world. One that I will follow.

Excellent book!

I have worked out of it since I received it. It has given me a new perspective on my walk.

Great book

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